

Lebenslauf

geboren am 30. Mai 1967 in Solothurn, Schweiz

Arbeitsort: soH, Bürgerspital Solothurn
E-Mail: robert.thomann@spital.so.ch

Zivilstand: verheiratet, 3 Kinder



Medizinische Ausbildung

1989 - 1995 Medizinstudium an der Universität Bern

1995 Staatsexamen an der Universität Bern

Assistenzarzt

1996/97 2 Monate Chirurgie am Bezirksspital Fraubrunnen
1 Jahr Innere Medizin am Bezirksspital Fraubrunnen

1997 Dissertation Universität Bern

1997/98 1 1/2 Jahre Chirurgie am Bezirksspital Sumiswald

1999 1/2 Jahr Neurochirurgie Inselspital Bern

1999 - 2001 Innere Medizin Spitalzentrum Biel (SZB)
davon 1/2 Jahr IPS Spitalzentrum Biel

01.01.2002-30.09.2002 Innere Medizin, Bürgerspital Solothurn

01.08-2005 – 31.08.2008 Facharzt-Ausbildung Endokrinologie/Diabetologie an der Klinik für Endokrinologie, Diabetologie und Klinische Ernährung, Universitätsspital Basel

Kaderpositionen

01.10.2002- 31.07.2005 Oberarzt Innere Medizin, Bürgerspital Solothurn

01.04.2013-30.09.2013 Chefarzt a.I. Innere Medizin, Bürgerspital Solothurn

01.01.2016-31.10.2016 Chefarzt a.I. Innere Medizin, Bürgerspital Solothurn

01.10.2008- aktuell Leitender Arzt, Leiter Endokrinologie und Diabetologie, Innere Medizin BSS, Standort Bürgerspital Solothurn

01.10.2013- aktuell CA-Stv Allgemeine Innere Medizin

Facharztprüfungen

- 2001 FMH Innere Medizin, Titelträger ab 2004
- 02.11.2007 FMH Prüfung Endokrinologie und Diabetologie, Titelträger ab 2008

Mitgliedschaften

- Schweizerische Gesellschaft für Allgemeine Innere Medizin (SGAIM)
- Schweizerische Gesellschaft für Endokrinologie und Diabetologie (SGED)
- American Diabetes Association (ADA)
- European Association for the Study of Diabetes (EASD)
- Swiss society for the Study of morbid obesity and metabolic disorder (SMOB)

Publikationen

1. [Association of the Tyrosine/Nitrotyrosine pathway with death or ICU admission within 30 days for patients with community acquired pneumonia.](#)

Baumgartner T, Zurauskaité G, Wirz Y, Meier M, Steuer C, Bernasconi L, Huber A, Christ-Crain M, Henzen C, Hoess C, Thomann R, Zimmerli W, Mueller B, Schuetz P.

BMC Infect Dis. 2018 Aug 24;18(1):423. doi: 10.1186/s12879-018-3335-y.

PMID: 30143005 [PubMed - indexed for MEDLINE] **Free PMC Article**

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2. [A potential impact of Helicobacter pylori-related galectin-3 in neurodegeneration.](#)

Boziki M, Polyzos SA, Deretzi G, Kazakos E, Katsinelos P, Doulberis M, Kotronis G, Giartza-Taxidou E, Laskaridis L, Tzivras D, Vardaka E, Kountouras C, Grigoriadis N, Thomann R, Kountouras J.

Neurochem Int. 2018 Feb;113:137-151. doi: 10.1016/j.neuint.2017.12.003. Epub 2017 Dec 13. Review.

PMID: 29246761 [PubMed - in process]

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3. [Association of adrenal hormone metabolites and mortality over a 6-year follow-up in COPD patients with acute exacerbation.](#)

Zurfluh S, Nickler M, Ottiger M, Steuer C, Kutz A, Christ-Crain M, Zimmerli W, Thomann R, Hoess C, Henzen C, Bernasconi L, Huber A, Mueller B, Schuetz P.

Clin Chem Lab Med. 2018 Mar 28;56(4):669-680. doi: 10.1515/cclm-2017-0873.

PMID: 29220883 [PubMed - in process]

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4. [Review: Impact of Helicobacter pylori on Alzheimer's disease: What do we know so far?](#)
Doulberis M, Kotronis G, Thomann R, Polyzos SA, Boziki M, Gialamprinou D, Deretzi G, Katsinelos P, Kountouras J.
Helicobacter. 2018 Feb;23(1). doi: 10.1111/hel.12454. Epub 2017 Nov 27. Review.
PMID: 29181894 [PubMed - in process]
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5. [Gut, microbiota-dependent trimethylamine-N-oxide is associated with long-term all-cause mortality in patients with exacerbated chronic obstructive pulmonary disease.](#)
Ottiger M, Nickler M, Steuer C, Bernasconi L, Huber A, Christ-Crain M, Henzen C, Hoess C, Thomann R, Zimmerli W, Mueller B, Schuetz P.
Nutrition. 2018 Jan;45:135-141.e1. doi: 10.1016/j.nut.2017.07.001. Epub 2017 Jul 6.
PMID: 28870405 [PubMed - indexed for MEDLINE]
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6. [Asymmetric Dimethylarginine Predicts Long-Term Outcome in Patients with Acute Exacerbation of Chronic Obstructive Pulmonary Disease.](#)
Vögeli A, Ottiger M, Meier MA, Steuer C, Bernasconi L, Huber A, Christ-Crain M, Henzen C, Hoess C, Thomann R, Zimmerli W, Mueller B, Schuetz P.
Lung. 2017 Dec;195(6):717-727. doi: 10.1007/s00408-017-0047-9. Epub 2017 Aug 29.
PMID: 28852826 [PubMed - indexed for MEDLINE]
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7. [Activation of the Serotonin Pathway is Associated with Poor Outcome in COPD Exacerbation: Results of a Long-Term Cohort Study.](#)
Meier MA, Ottiger M, Vögeli A, Steuer C, Bernasconi L, Thomann R, Christ-Crain M, Henzen C, Hoess C, Zimmerli W, Huber A, Mueller B, Schuetz P.
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8. [Time-dependent association of glucocorticoids with adverse outcome in community-acquired pneumonia: a 6-year prospective cohort study.](#)
Nickler M, Ottiger M, Steuer C, Kutz A, Christ-Crain M, Zimmerli W, Thomann R, Hoess C, Henzen C, Bernasconi L, Huber A, Mueller B, Schuetz P; ProHOSP Study Group.
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PMID: 28335807 [PubMed - indexed for MEDLINE] **Free PMC Article**
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9. [Admission levels of asymmetric and symmetric dimethylarginine predict long-term outcome in patients with community-acquired pneumonia.](#)
Vögeli A, Ottiger M, Meier MA, Steuer C, Bernasconi L, Kulkarni P, Huber A, Christ-Crain M, Henzen C, Hoess C, Thomann R, Zimmerli W, Mueller B, Schuetz P.
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10. [Activation of the tryptophan/serotonin pathway is associated with severity and predicts outcomes in pneumonia: results of a long-term cohort study.](#)

Meier MA, Ottiger M, Vögeli A, Steuer C, Bernasconi L, Thomann R, Christ-Crain M, Henzen C, Hoess C, Zimmerli W, Huber A, Mueller B, Schuetz P.

Clin Chem Lab Med. 2017 Jun 27;55(7):1060-1069. doi: 10.1515/cclm-2016-0912.

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11. [Obesity paradox in patients with community-acquired pneumonia: Is inflammation the missing link?](#)

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12. [The National Early Warning Score \(NEWS\) for outcome prediction in emergency department patients with community-acquired pneumonia: results from a 6-year prospective cohort study.](#)

Sbiti-Rohr D, Kutz A, Christ-Crain M, Thomann R, Zimmerli W, Hoess C, Henzen C, Mueller B, Schuetz P; ProHOSP Study Group.

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13. [Trimethylamine-N-oxide \(TMAO\) predicts fatal outcomes in community-acquired pneumonia patients without evident coronary artery disease.](#)

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14. [Prospective evaluation of biomarkers for prediction of quality of life in community-acquired pneumonia.](#)

Nickler M, Schaffner D, Christ-Crain M, Ottiger M, Thomann R, Hoess C, Henzen C, Mueller B, Schuetz P.

Clin Chem Lab Med. 2016 Nov 1;54(11):1831-1846. doi: 10.1515/cclm-2016-0001.

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15. [Adjunct prednisone therapy for patients with community-acquired pneumonia: a multicentre, double-blind, randomised, placebo-controlled trial.](#)
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Grolimund E, Kutz A, Marlowe RJ, Vögeli A, Alan M, Christ-Crain M, Thomann R, Falconnier C, Hoess C, Henzen C, Zimmerli W, Mueller B, Schuetz P; ProHOSP Study Group. COPD. 2015 Jun;12(3):295-305. doi: 10.3109/15412555.2014.949002. Epub 2014 Sep 17.
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19. [Utility of procalcitonin, C-reactive protein and white blood cells alone and in combination for the prediction of clinical outcomes in community-acquired pneumonia.](#)
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20. [Excluding infection through procalcitonin testing improves outcomes of congestive heart failure patients presenting with acute respiratory symptoms: results from the randomized ProHOSP trial.](#)
- Schuetz P, Kutz A, Grolimund E, Haubitz S, Demann D, Vögeli A, Hitz F, Christ-Crain M, Thomann R, Falconnier C, Hoess C, Henzen C, Marlowe RJ, Zimmerli W, Mueller B; ProHOSP Study Group.
- Int J Cardiol. 2014 Aug 20;175(3):464-72. doi: 10.1016/j.ijcard.2014.06.022. Epub 2014 Jun 27.
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21. [Corticosteroid treatment for community-acquired pneumonia--the STEP trial: study protocol for a randomized controlled trial.](#)
- Blum CA, Nigro N, Winzeler B, Suter-Widmer I, Schuetz P, Briel M, Bingisser R, Zimmerli W, Ullmer E, Elsaesser H, Tarr P, Wirz S, Thomann R, Hofmann E, Rodondi N, Duplain H, Burki D, Mueller B, Christ-Crain M.
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22. [Effect of hyperglycaemia on inflammatory and stress responses and clinical outcome of pneumonia in non-critical-care inpatients: results from an observational cohort study.](#)
- Schuetz P, Friedli N, Grolimund E, Kutz A, Haubitz S, Christ-Crain M, Thomann R, Zimmerli W, Hoess C, Henzen C, Mueller B; ProHOSP Study Group.
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23. [Evaluation of an algorithm for intensive subcutaneous insulin therapy in noncritically ill hospitalised patients with hyperglycaemia in a randomised controlled trial.](#)
- Thomann R, Schütz P, Müller B, Thomke S, Schoenenberger R, Keller U.
- Swiss Med Wkly. 2013 Jun 14;143:w13808. doi: 10.4414/smw.2013.13808. eCollection 2013.
- PMID: 23771784 [PubMed - indexed for MEDLINE] **Free Article**
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24. [Influence of procalcitonin on decision to start antibiotic treatment in patients with a lower respiratory tract infection: insight from the observational multicentric ProREAL surveillance.](#)
- Dusemund F, Bucher B, Meyer S, Thomann R, Kühn F, Bassetti S, Sprenger M, Baechli E, Sigrist T, Schwietert M, Amin D, Hausfater P, Carre E, Schuetz P, Gaillat J, Regez K, Bossart R, Schild U, Müller B, Albrich WC; ProREAL Study Team.
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25. [Effectiveness and safety of procalcitonin-guided antibiotic therapy in lower respiratory tract infections in "real life": an international, multicenter poststudy survey \(ProREAL\).](#)
Albrich WC, Dusemund F, Bucher B, Meyer S, Thomann R, Kühn F, Bassetti S, Sprenger M, Bachli E, Sigrist T, Schwietert M, Amin D, Hausfater P, Carre E, Gaillat J, Schuetz P, Regez K, Bossart R, Schild U, Mueller B; ProREAL Study Team.
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Erratum in: Arch Intern Med. 2014 Jun;174(6):1011.
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26. [Prohormones for prediction of adverse medical outcome in community-acquired pneumonia and lower respiratory tract infections.](#)
Schuetz P, Wolbers M, Christ-Crain M, Thomann R, Falconnier C, Widmer I, Neidert S, Fricker T, Blum C, Schild U, Morgenthaler NG, Schoenenberger R, Henzen C, Bregenzer T, Hoess C, Krause M, Bucher HC, Zimmerli W, Mueller B; ProHOSP Study Group.
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27. [Which patients with lower respiratory tract infections need inpatient treatment? Perceptions of physicians, nurses, patients and relatives.](#)
Baehni C, Meier S, Spreiter P, Schild U, Regez K, Bossart R, Thomann R, Falconnier C, Christ-Crain M, De Geest S, Müller B, Schuetz P; ProHOSP Study Group.
BMC Pulm Med. 2010 Mar 11;10:12. doi: 10.1186/1471-2466-10-12.
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28. [Glycaemic control in hospitalised diabetic patients at the University Hospital Basel in 2002 and in 2005.](#)
Thomann R, Lenherr C, Keller U.
Swiss Med Wkly. 2009 Sep 19;139(37-38):547-52. doi: smw-12733.
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29. [Effect of procalcitonin-based guidelines vs standard guidelines on antibiotic use in lower respiratory tract infections: the ProHOSP randomized controlled trial.](#)
Schuetz P, Christ-Crain M, Thomann R, Falconnier C, Wolbers M, Widmer I, Neidert S, Fricker T, Blum C, Schild U, Regez K, Schoenenberger R, Henzen C, Bregenzer T, Hoess C, Krause M, Bucher HC, Zimmerli W, Mueller B; ProHOSP Study Group.
JAMA. 2009 Sep 9;302(10):1059-66. doi: 10.1001/jama.2009.1297.
PMID: 19738090 [PubMed - indexed for MEDLINE]

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30. [Differences in low-grade chronic inflammation and insulin resistance in women with previous gestational diabetes mellitus and women with polycystic ovary syndrome.](#)

Thomann R, Rossinelli N, Keller U, Tirri BF, De Geyter C, Ruiz J, Kränzlin M, Puder JJ. Gynecol Endocrinol. 2008 Apr;24(4):199-206. doi: 10.1080/09513590801893398. PMID: 18382906 [PubMed - indexed for MEDLINE]

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31. [Procalcitonin guided antibiotic therapy and hospitalization in patients with lower respiratory tract infections: a prospective, multicenter, randomized controlled trial.](#)

Schuetz P, Christ-Crain M, Wolbers M, Schild U, Thomann R, Falconnier C, Widmer I, Neidert S, Blum CA, Schönenberger R, Henzen C, Bregenzer T, Hoess C, Krause M, Bucher HC, Zimmerli W, Müller B; ProHOSP study group.

BMC Health Serv Res. 2007 Jul 5;7:102.

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Studienleiter/Zentrumsverantwortlicher:

1. Effectiveness and safety of Procalcitonin-guided antibiotic therapy in lower respiratory tract infections in “real life”: an international, multicenter post-study survey (ProREAL):
Studienleiter Solothurn
2. Effect of Procalcitonin-Based Guidelines vs Standard Guidelines on Antibiotic Use in Lower Respiratory Tract Infections. The ProHOSP Randomized Controlled Trial:
Studienleiter Solothurn
3. Evaluation of an algorithm for intensive s.c. insulin therapy in emergency room patients with hyperglycaemia: Studienleiter Basel und Solothurn
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6. Toujeo 1 Study
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Datum: 15.10.2018



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